August 2019 Karnack Elementary FFVP Menu				
5	6	7	8	9
12	13	14	15	16
		Strawberries	Bananas	Apples Slices
19	20	21	22	23
Grapes	Cucumber/Lite Ranch	Apple Slices	Red Grapes	Honey Dew Melon
26	27	28	29	30
Orange Wedges	Mixed Berries	Bananas	Fresh Blueberries	Apple Slices

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