

April 2018 Karnack PRE-K- 8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cheese Toast or Hot Oatmeal Cheese Stick Orange Wedges 100 % Fruit Juice Variety of Milk	3 Biscuit & Sausage w/Jelly Honey Nut Cheerios Cheese Stick Fresh Bananas 100% Fruit Juice Variety of Milk	4 Scrambled Egg or Peanut Butter Cup Buttered Toast W/ Jelly Fresh Apples 100 % Fruit Juice Variety of Milk	5 Breakfast Muffin Honey Nut Cheerios Cheese Stick Apple Sauce Cup 100 % Fruit Juice Variety of Milk	6 Cheese Toast or Raisin Bran Cereal Cheese Stick Oranges Wedges 100 % Fruit Juice Variety of Milk
9 Cheese Toast or Hot Oatmeal Cheese Stick Orange Wedges 100 % Fruit Juice Variety of Milk	10 Biscuit & Sausage w/Jelly Honey Nut Cheerios Cheese Stick Fresh Bananas 100% Fruit Juice Variety of Milk	11 Scrambled Egg or Peanut Butter Cup Buttered Toast W/ Jelly Fresh Apples 100 % Fruit Juice Variety of Milk	12 Breakfast Muffin Honey Nut Cheerios Cheese Stick Apple Sauce Cup 100 % Fruit Juice Variety of Milk	13 Cheese Toast or Raisin Bran Cereal Cheese Stick Oranges Wedges 100 % Fruit Juice Variety of Milk
16 Cheese Toast or Hot Oatmeal Cheese Stick Orange Wedges 100 % Fruit Juice Variety of Milk	17 Biscuit & Sausage w/Jelly Honey Nut Cheerios Cheese Stick Fresh Bananas 100% Fruit Juice Variety of Milk	18 Scrambled Egg or Peanut Butter Cup Buttered Toast W/ Jelly Fresh Apples 100 % Fruit Juice Variety of Milk	19 Breakfast Muffin Honey Nut Cheerios Cheese Stick Apple Sauce Cup 100 % Fruit Juice Variety of Milk	20 Cheese Toast or Raisin Bran Cereal Cheese Stick Oranges Wedges 100 % Fruit Juice Variety of Milk k
23 Cheese Toast or Hot Oatmeal Cheese Stick Orange Wedges 100 % Fruit Juice Variety of Milk	24 Biscuit & Sausage w/Jelly Honey Nut Cheer Cheese Stick Fresh Bananas 100% Fruit Juice Variety of Milk	25 Scrambled Egg or Peanut Butter Cup Buttered Toast W/ Jelly Fresh Apples 100 % Fruit Juice Variety of Milk	26 Breakfast Muffin Honey Nut Cheerios Cheese Stick Apple Sauce Cup 100 % Fruit Juice Variety of Milk	27 Cheese Toast or Raisin Bran Cereal Cheese Stick Oranges Wedges 100 % Fruit Juice Variety of Milk
30 Cheese Toast or Hot Oatmeal Cheese Stick Orange Wedges 100 % Fruit Juice Variety of Milk				

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