

Meal Pricing (C.E.P.)

Meal Prices and Procedures

Choice menus for breakfast and lunch are offered in all schools regardless of grade structure. Breakfast will be offered daily. Elementary and Middle school students will be offered the traditional hot meals for lunch daily. "Offer versus Serve" (OVS) will be implemented in all grades at lunch with the exception of the Head Start, Early Head Start and Kindergarten Programs. This means a student is allowed to refuse a food item they do not want. OVS reduces food costs by decreasing waste, yet the meal qualifies for reimbursement.

Students are encouraged to eat a regular lunch. All students and only school nutrition program employees will be allowed to eat free meals. See more information below about charging meals.

These meal prices are consistent with prices charged in other school systems with similar demographics. Each local school nutrition staff and the nutrition department staff are available to assist in any way possible to assure that the program teaches good nutrition practices and promotes healthy eating habits.

The nutrition specialist must be consulted regarding any medically-based diets, food allergies, or special diet requests. These requests will be reviewed and accommodated on an individual basis with documentation by a health care provider.

Meal Prices

BREAKFAST PRICES

\$.00 Students Meals (Including Meals for Field Trips)

\$2.50 Adult Breakfast (coffee available with meal) (Including Meals for Field Trips)

LUNCH & DINNER PRICES

\$.00 Student Meals (Including Meals for Field Trips)

\$3.65 Adults employed by the school system or parents, etc. volunteering in your school on a specific day (Including Meals for Field Trips)

\$3.65 All adult visitors (parents, salesman, spouses of employees, etc.)

\$3.65 Second meal for employees / Adults

SUPPLEMENTAL SALE ITEMS FROM THE MENU

\$ 0.50 Extra milk and juice

\$ 0.75 Tea and coffee without meals (Adults only)

\$ 1.50 Entrée serving

\$ 0.75 Side dishes

A LA CARTE ITEMS:

(No Student A la Carte Sales for 2017-2018 school year.)

Priced individually based on a percentage above actual cost of the item.

Parents are encouraged to visit their child's school at mealtime with prior reservations.

Joseph Griffin, Food Service Director, Karnack ISD

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